



Student Extracurricular Activities

**ACADEMIC YEAR
25/26**





Welcome to SEA - our ISR **Student Extracurricular Activities**

Dear ISR Parents and Guardians,

We are delighted to welcome you to ISR and would like to introduce you to the wide range of extracurricular activities we offer your child(ren). These activities are a great addition to their regular lessons and promote important social, emotional and cognitive skills. You can find out more about the activities on offer and the benefits they offer your child(ren) on the next pages.

Why are extracurricular activities important?

Extracurricular activities offer children the opportunity to explore new interests and develop personal skills beyond the classroom. Your child(ren) may learn teamwork and improve their communication skills. Moreover, creativity, problem-solving and self-confidence are encouraged. In general, Sports activities contribute to an active and healthy lifestyle. Regarding their academic success, studies have shown that children who regularly participate in extracurricular activities are often more motivated and successful in school.



Our programs at a glance

We offer a wide range of activities so that every child can pursue their interests. Here are some of the most popular programs:

Sports

- Soccer
- Basketball
- Tennis
- Boxing lessons
- Volleyball
- Badminton
- Athletics
- Gymnastics
- Golf
- Fencing
- Wing Tsun
- Capoeira
- Trampoline
- Yoga
- Baseball
- and many more!

Art / Music / Theatre

- School choirs
- Theatre club
- Various arts and craft clubs
- Instrumental lessons (with Musicbox Oxana)
- Ballet (from Kindergarten to Grade 4)

Technology and Science

- IT clubs / Robotics / Programming
- Environmental club and Science clubs (Physics, Biology and Chemistry)

Languages / Other popular offers

- Language courses for native speakers (Chinese, Japanese, Persian, Turkish and more. For non-native speakers: Chinese, as well as French and Spanish)
- Mathematics clubs
- Chess
- Homework clubs
- ESLC, JSLC, and SLC





Registration and participation

Registering for extracurricular activities is easy. You will receive a form at the beginning of the school year in which you and your child can request the activities your child(ren) would like to take part in.

Costs: Many activities are free of charge. For special courses and offers from external partners, fees may apply and are mentioned in the descriptions of the course.

Times: All activities take place after regular lessons and end in period 9 (3:15-4:00PM) or 10 (4:15-5:00PM). If activities are longer than 45 minutes, this is noted in the descriptions.

Bus students: please check with your bus company regarding the departure times as they differ from bus to bus.

Activity leaders: Activities are led by ISR teachers, students, parents, or external professionals in the chosen activity.

We look forward to welcoming your child(ren) in their **SEA**-activity and discovering new passions together!

ISR International School on the Rhine



ISR INTERNATIONAL SCHOOL ON THE RHINE
KONRAD-ADENAUER-RING 2
41464 NEUSS , GERMANY

✉ SEA@ISR-SCHOOL.DE

☎ +49 (0)2131 40388 255

ACCREDITATIONS/MEMBERSHIPS:

STATE OF NORTH RHINE WESTPHALIA

IBO- INTERNATIONAL BACCALAUREATE ORGANIZATION

COGNIA (UNIFIED ORGANIZATION OF THE THREE US-BASED
ACCREDITATION AGENCIES NCA CASI, NWAC AND SACS CASI)

ECIS-EDUCATIONAL COLLABORATIVE FOR INTERNATIONAL

CIS-COUNCIL OF INTERNATIONAL SCHOOLS (MEMBER)

CAMBRIDGE EXAMINATION CENTRE

